

Combined Practice . VOARTE / CiM – Companhia de Dança **If you sing, I dance; if the other dance, I dance; I dance because I want.**

Duration: 30 minutes

Immediate response to auditory and visual stimuli.

Step 1: The first step is to identify participants in the working group who are deaf or have a hearing impairment.

In this case, these participants will use the visual stimulus provided by the facilitator as a reference. The exercise is extremely simple and can be conducted in various ways.

Choose a song with two clear sound sections:

vocals/lyrics

instrumental without vocals

Hearing participants use the music as a stimulus: they move and dance freely to the section with vocals/lyrics and pause their movement during the instrumental section without vocals. Deaf or hearing-impaired participants use the visual cues from others as a response, creating a kind of wave.

Step 2: Subsequently, they can be divided into two groups, where one group moves when there is music with vocals/lyrics, and the other group does the opposite, pausing when the instrumental section without vocals is played, and vice versa.

Next Step: In smaller groups of approximately 5 to 3 people, they decide how to creatively use this simple movement rule and interact with the space and other groups.